

East Capitol Urban Farm soilSHOP

Lead (Pb) Health Resources for Further Information

WASHINGTON DC RESOURCES

Blood Lead Testing for Children

DC law requires blood lead testing for all children at one and two years of age. The tests are conducted by your pediatrician, and paid for through your health insurance. If you do not have health insurance, visit a health clinic such as Unity Healthcare or La Clinica del Pueblo to complete your child's blood lead test. If test results show elevated lead levels, contact Healthy Home Lead Poisoning Prevention Program at the DC Department of Energy and Environment, telephone (202) 535-2600.

All children in Maryland must receive blood lead testing as part of their well-baby checkup between 6 months and 1 year old. Prince George's County Health Department's Lead and Healthy Homes Program provides several services to residents including nursing case management for children with high lead levels in their blood, and blood lead testing for uninsured children. Call 301-883-7538 for more information.

Soil Testing

The University of the District of Columbia's Environmental Quality Testing Laboratory (EQTL) will be able to service soil and water quality testing for lead and other trace metals starting late July, 2016. Contact (202) 274-5273 or tdeksissa@udc.edu. In the meantime, A&L Eastern Labs does lead and arsenic testing and provides instructions on how to collect a soil sample. Special pricing for DC Residents is \$60.00, which includes arsenic, lead and a basic soil test that includes pH levels. Contact 804.743.9401 or at http://www.aeastern.com/lawn_garden.aspx.

REGIONAL AND NATIONAL RESOURCES

Lead and Children

- ✓ Blood Lead Levels in Children Fact Sheet. Agency for Toxic Disease Registry (ATSDR). Undated.
www.cdc.gov/nceh/lead/ACCLPP/Lead_Levels_in_Children_Fact_Sheet.pdf
- ✓ What You Need to Know About Lead Poisoning. EPA. 2014.
<http://tinyurl.com/znkahhk>
- ✓ Protect Your Family from Lead in Your Home. U.S. Department of Housing and Urban Development (HUD) with U.S. Environmental Protection Agency (EPA). 2003. English and Spanish (other languages available).
http://www.hud.gov/offices/lead/library/enforcement/pyf_eng.pdf
- ✓ Fight Lead Poisoning with a Healthy Diet: Lead Poisoning Prevention Tips for Families. EPA-747-F-01-003. EPA. 2001.
<http://tinyurl.com/zfwaoqw>

Safe Urban Gardening

- ✓ Backyard Composting: It's Only Natural. EPA-530-F-026. EPA Sustainable Landscapes Program. 2009.
<http://tinyurl.com/hv8odgg>
- ✓ Community Supported Agriculture or Urban Agriculture and Local, Sustainable Food Systems. EPA. 2016.
<http://tinyurl.com/h24anlg>
- ✓ Elder Accessible Gardening. EPA. 2011.
http://www.epa.gov/sites/production/files/2015-10/documents/elder_accessible_gardening.pdf
- ✓ Growing Gardens in Urban Soils. EPA. Undated.
<http://clu.in.org/ecotools/urbangardens.cfm>

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- ✓ Interim Guidelines for Safe Gardening Practices. EPA Brownfields and Urban Agriculture. 2011.
https://www.epa.gov/sites/production/files/2015-09/documents/bf_urban_ag.pdf
- ✓ Reusing Potentially Contaminated Landscapes: Growing Gardens in Urban Soils. EPA. 2011. English and Spanish.
https://clu-in.org/download/misc/urban_gardening_fact_sheet.pdf
https://clu-in.org/download/misc/urban_gardening_fact_sheet_sp.pdf
- ✓ Urban Gardens and Soil Contaminants: A Gardener's Guide to Healthy Soil. University of Minnesota Extension. 2010.
<http://tinyurl.com/jy8qpa4>

LOCAL RESOURCES

Lead and Children, Housing

- ✓ *Every Child. Twice By Two*. DOEE. Undated.
<http://doee.dc.gov/twicebytwo>
- ✓ *District of Columbia Lead-Safe and Healthy Homes Hub*. DOEE. Undated.
<http://www.dchealthyhomes.com/en/topics/lead-poisoning>
- ✓ *Lead Poisoning*. Prince Georges County, MD, Health Department Lead and Healthy Homes Program. Undated.
<http://www.princegeorgescountymd.gov/sites/Health/Services/EnvironmentalHealth/Lead/Pages/Lead-Poisoning.aspx>
- ✓ *Lead-Safe and Healthy Homes*. Washington DC, Department of Energy and Environment (DOEE). Undated.
<http://doee.dc.gov/leadsafehealthyhomes>
- ✓ Lead Safe DC (Nonprofit Organization - Program of the National Nursing Centers Consortium).
<http://www.leadsafedc.org/>
- ✓ *Lead Safe Washington Program (LSW)*. Washington DC Department of Health (DOH), Department of Housing and Community Development (DC HCD). Undated.
<http://dhcd.dc.gov/service/lead-safe-washington-program-lsw>

Safe Urban Gardening and Soil Testing

- ✓ *How to Build a Raised-Bed Garden*. Everybody Grows. Undated.
<http://everybodygrows.org/garden-projects/how-to-build-a-raised-bed-garden/>
- ✓ GreenScheme – Non-profit providing technical assistance for urban community/school gardens in the Washington DC metropolitan area.
<http://www.greenscheme.org/>
- ✓ *Lead in Garden Soils*. University of Maryland (UMD) Extension. 2104.
<http://extension.umd.edu/hgic/lead-garden-soils>
- ✓ *Master Gardener Program*. UDC CAUSES. 2016.
http://www.udc.edu/college_of_urban_agriculture_and_environmental_studies/master_gardening
- ✓ *Soil Testing*. University of District of Columbia (UDC) College of Agriculture Urban Sustainability and Environmental Sciences (CAUSES). 2016.
http://www.udc.edu/college_of_urban_agriculture_and_environmental_studies/soil_testing
- ✓ *Soil Testing*. University of Maryland (UMD) Extension. 2016.
<http://extension.umd.edu/hgic/soils/soil-testing>